



Alan Magill – “Where Am I?”



FLAG DAY VISIT TO BEDBOUND WOMAN by Alan Magill

WOMAN

She was far away.
She was right in front of me.

The sunlight came 93 million miles to her face.
She went nowhere.

I introduced myself.
She didn't move.

I sang "Yankee Doodle Dandy."
Her right eye quivered.

I sang "East Side, West Side."
She moved her right hand.

I sang "My Country Tis of Thee."
She traveled untold miles to open her eyes.

I sang "You're a Grand Old Flag."
She smiled.

I asked her how she was feeling.
She nodded her head slightly.

I sang "Edelweis," gently moving her hand.
She shut her eyes.

We had met.
Our journey was over for the day.

She went back to her place.
I went to my next visit.

BLACKOUT

WRITER'S NOTE: This is based on an actual experience of mine as a recreation therapist in a nursing home.

A good resource: "Elder Song - Your Source for Creative Activity Materials for Older Adults" at 800/397-0533

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